Welcome to Limón! We are delighted that you will be joining us! Artistic Directors Carl Flink & Dante Puleio along with the Black Label Movement & Limón Dance Company Dancers will lead this Intensive to bring community, artistry and rigorous dancing!

**ZOOM LOGIN:**
**LINK:** [https://zoom.us/j/97409971413?pwd=QjQ3b096alRxRGtKRmtid1UrWEFHUT09](https://zoom.us/j/97409971413?pwd=QjQ3b096alRxRGtKRmtid1UrWEFHUT09)
**ID:** 974 0997 1413
**PASSWORD:** LimonLove

**ACCESSIBILITY:**
Live transcription will be available via Zoom and can be turned on (or off) individually by each participant. A Limón representative will be present throughout the workshop should you need any assistance.

**DAILY SCHEDULE:** *Times are Central*
**Sunday, July 18:**
Meet & Greet - 5:00 pm - 7:00 pm CT

**Monday, July 19 - Friday, July 23 and July 26 - 30:** *Times are CT*
9:00 am - 10:30 am CT Limón Technique
10:45 am – 12:15 pm CT Limón Repertory
12:45 pm - 2:15 pm CT Black Label Technique
2:30 pm - 4:00 pm CT Black Label Repertory
Optional evening events are scheduled throughout the weeks; check the full schedule for details.

**Saturday, July 31:**
Informal sharing at 12:00pm CT in Studio 100 for all participants, online and in-person.
Run-time is roughly 1 hour, ending by 1:30 pm. The link to the live-stream will be provided during the week of July 26.

**DON’T FORGET TO HAVE ON HAND:**
Water bottle, notebook & pen, and ballet slippers. There is no dress code, but please dress respectfully and so that your teachers can see your form.

**MERCHANDISE:**
Limón merchandise is available for pre-order purchasing with a 15% discount to all participants until **July 13th**. Use the discount code **TWIN15** for pre-orders. Unfortunately, if you fail to use the discount code, you will not be refunded the difference. **LINK** to the Limón shop. Black Label Movement merchandise can be ordered by contacting Black Label via their site.
CONTACTS:
Summer Staff: summer@limon.nyc, or intern@limon.nyc
Limón Director of Education, Lena Lauer: (419) 235 - 2738, llauer@limon.nyc

THE FAMILY:
During the intensive, you are a representative of the Limón Foundation and therefore the Limón Legacy. Please be respectful of property, staff, each other, and codes of conduct.

We look forward to your joining the Limón community - a community of individuality, respect, integrity and DANCING! See you in the Zoom Room soon!